

James River Senior Citizens Center Inc.

Office: 701-252-2882 or toll free 1-855-252-2882

Transit: 701-252-7888

Fax: 701-252-2529

E-mail: jamesriver@csicable.net

Website: www.jamesriverseniors.com



JAMES RIVER SENIOR CITIZEN'S CENTER, INC.

PO BOX 1092 JAMESTOWN ND 58402-1092

www.jamesriverseniors.com 701-252-2882

We're On Facebook Too!

Published

Monthly

Senior Hi-Lites



2019

JRSC STAFF

Receptionists: Judy & Mary

Event Coordinator: Erin

Outreach Coordinator: Kathy

Home Delivered Meals: Missy

Transit Billing: Dawn

Transit Drivers: Denny, Darrell, Tim, Jeff, Don, Glen,
Les, Larry, Dwight, Dawn, John E, Ron, John F & Jayda

Transit Dispatchers: Missy, Dawn, Judy, Kathy

Kitchen Staff: Rhonda, Nathan & Bonnie

Gardenette Site Manager: Mirt

Jameshouse Site Manager: Carol

Janitor: Mercedes Dishwashers: Judie

Office Manager: Rhonda Director: Maureen

ADVERTISE HERE!

Your Information will be Sent Through

Mail, Email and Internet!

Call 701-252-2882 for

More Information



SERVICES PROVIDED IN STUTSMAN COUNTY

For the Month of Sept 2019

CONGREGATE: 1032

HDM: 1512

TRANSIT RIDES: 4701

TRANSIT MILES: 14071

James River Senior Citizen's Center, Inc.

Board of Directors hold Board Meetings on the 4th Monday of every other month at 11:00 am. You are welcome to attend these meetings. Please let the receptionist know if you plan to attend, and we will make sure there is a meal available for you and put you on our Agenda. If you have any questions, please contact our Director Maureen Wegenke, or Anne Ede our President of the Board.

2019 Board of Directors

President— Ann Ede

Vice-President— Tom Geffre

Secretary/Treasurer— Jim Boatman

Directors: Dennis Ova, Yvonne Wegner,

Mary Geffre, & Dina Laskowski.

DISCRIMINATION POLICY:

James River Senior Citizen Inc. is committed to compliance with Title VI of Civil Rights Act of 1964 the Civil Rights Restoration Act of 1987.

James River Senior Citizens Inc. assures that no person or groups of persons shall, on the grounds of Race, Color, Sex, Age, National Origin, Disability/Handicap, and Income Status, be excluded from participation in, be denied the benefits of, or be

otherwise subjected to discrimination under any and all programs, services, or activities administered by

James River Senior Citizens Inc.

Director: Maureen Wegenke

James River Community Center, Inc.

PO Box 1092 Jamestown, ND 58402-1092

(701) 252-2882

JRSC Welcomes New Event Coordinator



October 28th was a great "Plus One" news day! JRSC has added a new Event Coordinator to our staff. Erin Belile is originally from Carrington, ND and says she is enjoying all the people she has been meeting and working with since starting the position. Her plans are to provide new learning opportunities through activities and she is looking forward to meeting all the people coming to the Center.

Erin's interests are visiting family, being at home, and snuggling with her new nephew.

Come on in and introduce yourself to Erin. She welcomes any new ideas & thoughts you have for new events and activities you'd like to see come to the Center.

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ROSEADELE

Roseadele provides a caring place for those with Alzheimer's and other forms of dementia. We are a 20-bed basic care facility providing 24 hour care. Residents have their own private room and are free to move about within the facility to enjoy the beautiful courtyard, dining and sitting areas. Visit us today for a personal tour.

Jordan & Lynn Shipley, Owners

Carol Stahlhut, Business Manager shipleybc@daktel.com

1505 3rd St SE Jamestown, ND 58401

Phone 701-251-1741 Fax 701-252-1207

421 18th St NE,
Jamestown ND 58401
Ph: 701.252.6404
heritageliving.org
sue.purdy@smphs.org



1 and 2
Bedroom
Apartments
with attached
Garages

Meals
Housekeeping
Nursing Services
Free Transportation
Activities
Emergency Response Button

James River Senior Center, Classic Catering, and James River Public Transit

Senior Center Hours: 8:00 am – 4:30 pm Monday thru Friday

OUR NEWSLETTER IS NOW ONLINE AT: www.jamesriverseniors.com

On-Going Activities:

Every Monday & Thursday **Bone Builders** 9 am – 10 am

Every Tuesday and Friday **Pinochle** 1:00 pm

Every Wednesday **Foot Care** 9:30 am – 11:45 am please call 252-8130 to schedule your appointment.

Every Wednesday **Bingo** -1:00 pm - 3:00 pm

Every Fourth Wednesday **Legal Services** - 1:00 p.m.

For Our December 2019 Activities Please See Insert



TRANSIT HOURS REMINDER:

Rides Available:

Mon - Thurs: 6:15 a.m. -
6:00 p.m.

Friday: 6:15 a.m. - 7:00 p.m.

Saturday: 8:00 a.m. - 6:00 p.m.

Sunday: 8:00 a.m. - 1:00 p.m.

Dispatch Available:

Mon - Thurs: 7:30 a.m. -
4:45 p.m.

Friday: 7:30 a.m.- 6:00 p.m.

Saturday: 8:00 a.m. - 5:00 p.m.

Sunday: 8:00 a.m. - 12:00 p.m.



CAFÉ CHARLOTTE BREAKFAST SCHEDULE:



Tues: Ham Egg Bake/ Waffles or Fr.
Toast

Wed: Biscuits & Gravy, Omelettes

Thurs: Egg Biscuits or Ham Eggbake, &
Ham Patties

Friday: Breakfast Pizza
Cold Cereal Daily

FREE COFFEE!

**8 a.m. - 4:00 p.m. - Breakfast until 11
419 5th St NE**



Do-it-Yourself Food Gift Ideas

Submitted by Luella Morehouse, Stutsman County EFNEP/FNP Nutrition Educator

During the sometimes hectic holiday season, be sure to have fun in the process of making memories. Invite kids in the kitchen to help with food preparation (and cleanup), and spend some time in indoor or outdoor play. If you give gifts, be aware of inexpensive, thoughtful food gifts you can make at home.

Expand Your Gift Dollars

You can expand your gift dollars by making some food mixes that you can layer in glass Mason jars or your favorite fabric and ribbons. The person who receives the gift just adds a few ingredients and prepares at home.



Check out the following publications from NDSU Extension:

“Mix It Up” (FN1494) is available at tinyurl.com/NDSUMixItUp. It features Country Chili, Homemade Cornbread, Cranberry-Oatmeal Cookie and Friendship Soup mixes.

able at tinyurl.com/NDSUMixItUp. It features Double Chocolate Peppermint Candy Hot Cocoa, Spiced Tea and French Vanilla Coffee mixes.

“Give the Gift of Joy with a Quick Bread Mix” (FN1888) is available at tinyurl.com/NDQUickBreadMix. It features Quick Herb Bread, Snickerdoodle Muffins, Cherry-Chocolate Scones and Peanut Butter Bread.

“Beverage Mixes in a Jar” (FN1625) is available at tinyurl.com/NDSubeverageMix. It features Double Chocolate Peppermint Candy Hot Cocoa, Spiced Tea and French Vanilla Coffee mixes.

Question: Do you have any suggestions on how to alleviate the holiday stress, which I tend to gain a couple of pounds and overspending on my budget?

- Make time for at least 30 minutes of exercise three to five times per week, but preferably daily, because it reduces and prevents stress and promotes well-being.
- Drink a glass of water before grabbing a snack. If the holiday foods are tempting, have ready-to-eat foods such as cut-up vegetables, Greek yogurt, low-fat string cheese and whole-grain crackers available for a pick-me-up instead of cookies or candy.
- Get seven to nine hours of sleep each night to keep yourself in balance. Sometimes people who think they are hungry really are tired.
- Keep your finances in check because worrying about money problems can cause issues with sleep, appetite, etc. If you overspent your budget, consider returning some of the items. Try making some of your gifts or offer gifts of your time.

Try learning some relaxation techniques and make time for fun.

Article used with permission from Julie Garden-Robinson, Food and Nutrition Specialist, NDSU Extension, The Family Table newsletter, Issue 12 and NOURISH newsletter, Issue 11. For more information, contact the Stutsman County Extension office at 252-9030 or email luella.morehouse@ndsu.edu.



James River Senior Center has a part-time volunteer cashier position. This position

would be a flexible, 8 - noon, 1 - 3 days a week. Please contact Rhonda Sahr at 252-2882 ext 1002 or email at jamesriver@csicable.net for more information.

Easy living in a thriving community



STOP IN FOR A VISIT!
701-252-5881 | eventide.org



GREETING CARDS

We now have a Variety of Greeting Cards.

Display is located by the Receptionist's Desk (Senior Center).

Cards are only .50¢

(We graciously accept greeting card donations)



North Dakota Senior Meals

Good Nutrition For Healthy Living

People age 60 or older and their spouses are eligible to eat at Senior Meal Sites (Center I, & Streeter) Others eligible for Senior Meals are individuals with disabilities under age 60 who reside in a housing facility primarily occupied by older individuals where there is a Title III meal site (Gardenette, Jameshouse): individuals under the age of 60 with disabilities residing with an eligible client in a non-institutional household; and volunteers, who are under 60, providing meal services during meal hours. Individuals under age 60 who do not meet this criteria must pay full cost of service. Senior Meals are an affordable way to **help maintain your health**. The full cost to provide a Senior Meal is: \$10.63. A **limited** amount of Older Americans Act and state dollars are available to help cover some of the program costs. **The suggested voluntary donation for a meal is \$4.00. Please contribute what you can. Meal tickets or envelopes will insure your confidential contribution.** Food stamps and Dakota Electronic Benefits Transfer (EBT) cards are accepted. No eligible individual will be denied a meal due to inability or unwillingness to contribute.

Reminder to our Senior Meal Participants

If you receive Home Delivered Meals and this is the month that your 1 year Registration is due, you will receive a phone call from Kathy Evenson that it is time for her to come see you in your home and update all of your information. If you are a person that eats at one of our Congregate meal sites such as the Gardenette, Center I, Jameshouse, or Streeter and it's time for your yearly Congregate Meal Registration, you will be contacted by Kathy Evenson. She will catch up with you at lunch time or on a supper night. She will stop at your meal site. The meal registration is painless, takes a short amount of your time and it is required under the guidelines of the Older American's Act. Thank you for your cooperation. Nutrition Staff of James River Senior Citizens.

Volunteer Appreciation Night

December 9, 2019 - 5:00 p.m.

Supper Night

We'd like to take every day to recognize how much we appreciate the time and dedication our volunteers put in; but since that isn't possible, we dedicate one night a month to show our appreciation. This month our Volunteer of the Month is Shirley Vandal. Let's take this time to thank Shirley for all she does in our Café!



FUEL ASSISTANCE

If you qualify, this program will pay a portion of the fuel & weatherization cost used to heat your home. This program runs between October 1 - May 31. Income guidelines are as follows:

Household Size	Annual Income
1	\$30,346
2	\$39,683
3	\$49,021
4	\$58,358
5	\$67,695

Contact: Rose Berger
Outreach Spec./Community Options
701-952-0220 ext 336

Weather Information

In case of inclement weather please see our website: www.jamesriverseniors.com, Facebook pages or listen to the following Radio Stations AM 600, & AM 1400 for all weather-related closing announcements.



Common Hearing Loss Myths

(Hearing Health Foundation)

MYTH: Hearing Loss only affects older adults.

FACT: About 48 million people live with Hearing loss in the US and about 2/3 are under 65 years of age.

MYTH: Hearing loss doesn't affect the rest of my health.

FACT: An un-
treated hearing loss in-
creases ones risk
decline, demen-
depression.



treated hearing loss in-
of experiencing cognitive
tia, falls, social isolation &

MYTH: Hearing Aids are like glasses.

FACT: When one puts on glasses, vision can be corrected to 20/20. Not true for hearing as your brain needs time to adjust.

MYTH: Hearing loss is inevitable, especially with age, and can't be prevented.

FACT: Hearing loss has many causes, including genetics, certain medications and exposure to loud noises. Smoking and diabetes can lead to hearing impairment.

MYTH: I don't need hearing aids as my hearing is mostly fine.

FACT: Even a mild hearing loss can affect your work, home and social life. Fortunately, the brain's neuroplasticity means that treating hearing loss allows the brain to relearn how to hear.

Qual Hearing Aid Service

805 10th St SE

Jamestown, ND 58401

701-252-0706

Services

Foot Care Clinic

Most Wednesday's of every month
Central Valley Health Unit Nursing staff
will provide foot care. The exam in-
cludes brief foot soak, toenail and fin-
gernail trim and file, and moisturizing.

The

suggested donation is \$30.00 for this
service. No one is denied services
because of inability to pay.

Every Wednesday

9:30 am—11:45 am

Foot Care

Appointment necessary

**To make an appointment for your
foot care call**

Central Valley Health @ 252-8130



Legal Services



If you are in need of legal services
please call 252-2882 to schedule
your appointment. Legal Services
come from Fargo once a month on
the 4th Wednesday of each month.

Next Date:

January 29 - 1:00 p.m. - 3:00 p.m.



James River Senior Center

LOAN CLOSET – 252-2882

One time rental fee of \$5.00 for walkers,
walker trays, rolling walkers, commodes,
toilet risers, canes, quad canes.

One time rental fee of \$10.00 for wheel-
chairs.

If you're unable to pick up medical
equipment, we can deliver for a fee of \$5.00
within city limits. If you move out of
town/state, please return our equipment.
When you're done with equipment please
Clean Equipment and return it!

We do accept donations of used hearing
aids & other loan equipment. **We are not re-
sponsible if you injure yourself while using our items.
Rentals within Jamestown Area Only.



Senior Companions Program

**Home visits for lonely, homebound
seniors in Stutsman Co.
Provided by senior volunteers.**

- * Bringing smiles & laughter
- * Helping to relieve loneliness & encourage
activity
- * Empowering seniors to remain living
independently
- * Providing respite for family caregivers

**Contact Kathy(252-2882) or Andrea
(800-450-1510)
to learn more about this free program.**



CHRISTMAS AT JRSC



We have a lot of fun planned in December, here at JRSC! Beginning on the 9th, we will have a Christmas sing-a-long with Elaine Heinrich. In case you can't make it that day, Elaine will have another sing-a-long on the 16th. Come and join in. We will have a Gingerbread House Decorating contest on the 16th as well. Sign up yourself or get a team together! Space is limited so be sure to sign up early by calling: 252-2882. The finished houses will be on display for voting, until December 19th. The 16th is also our day for bingo and supper, where we will have Christmas Bell entertainment; so come and make a day of it!!

December 19th is the date for our Christmas party, that starts at 1:00 p.m. Bernie & the Other Guy (pictured above) are always a favorite and will get the party started right. Prizes will be given to our Gingerbread House Decorating winners, we will have taco in a bag, goodie bags and door prizes. Another day of fun...hope to see you there!

JAMES RIVER TRANSIT INFORMATION

Rides Available: M-Th 6:15 a.m. - 6:00 p.m. Fri 6:15 a.m. - 7:00 p.m. Sat 8:00 a.m. - 6:00 p.m. Sun 8:00 a.m. - 1:00 p.m.

Dispatch Available : M-Th 7:30 a.m. - 4:45 p.m., Fri 7:30 a.m. - 6:00 p.m., Sat 8:00 a.m. - 5:00 p.m. Sun 8:00 a.m. - 12:00 p.m.



Join us for a warm Meal at any of our Meal Sites.

Jameshouse, Gardenette or the James River Senior Center.

One way Transit Ride will only cost .50 cents when you join us for lunch or a Supper Night. **From Home to Meal Site, Meal Site to Home ONLY.**

JRMC * CLINIC APPOINTMENTS

Monday thru Friday

<u>Leaving City</u>	<u>Loading from</u> <u>JRMC/CLINICS</u>
8:20 am	8:30 am
9:20 am	9:30 am
10:20 am	10:30 am
11:20 am	11:30 am
12:20 pm	12:30 pm
1:20 pm	1:30 pm
2:20 pm	2:30 pm
3:20 pm	3:30 pm

Call 252-7888

Times are Approximate

Walmart Riders

Bus will stop at the Home & Living doors of Walmart to pick up riders.

Watch for the bus at these times.

MONDAY THRU FRIDAY

8:40 am — 9:40 am — 10:40 am—

11:40 am—12:40 pm—1:40 pm —

2:40 pm and 3:50 pm

Be at the HOME & LIVING DOORS

WATCH for the BUS!

Out of Town Services

Every 1st & 3rd Tuesday-**Bismarck**

Every Wednesday-**Fargo**

Please Schedule your Medical appointments between 10:00 —2:00

Charge is 35.00 round trip, escort free

If you are ND Medicaid eligible, you must be pre-approved for out-of town service

Must Schedule Ride 24 hours in Advance

(By 12:00 noon day Prior)

Please call 252-7888 to schedule your ride.



✓	One bedroom	✓	Utilities paid
	Ground floor	✓	Activities Center
	Walk-in shower	✓	On-site manager
✓	Private entrance	✓	On-site maintenance

Also available in Center:

- Meals program by James River Senior Citizens, Inc.
- Health Services by Central Valley Health

1321 Gardenette Drive, Jamestown 701-251-2516

John Fugleberg, R.Ph. ~ Karen Sinner, R.Ph. ~
Lori Graves, R.Ph, & Matt Perkins Pharm. D.


Hours: 9:00 am-6:00 pm Mon.-Fri
9:00 am - Noon –Saturday
Phone: 252-3002 or 1-800-279-0120

**FREE DELIVERY & MAIL
SERVICE AVAILABLE, DRIVE
THRU SERVICE**

703 1st Ave S



HAPPY BIRTHDAY!

 If you are 60 or over & you have a birthday this month, join us the first Monday of the month at 12:30 for cake & ice cream. Put your name in for a prize. Come this month & try your luck!

MEMORIALS

Mirt Brown in Memory of John Grim
Mirt Brown in Memory of Dale Repko



123 7th Ave SE
Jamestown, ND 58401
Phone: 701-252-1423
centralautorepair07@gmail.com



We Do All Auto Repair Needs, Including:

**Oil Changes,
Radiators, Tires,
Drive Train Issues,
Heater Issues, No-
Start, Etc.**

Daily Bread Program

Serves People in Need of Food

Food Locations:

- **St. John's Lutheran Church,**
424 1st Ave South
- **James River Senior Center,**
419 5th St. NE
- **Gardenette**
1321 Gardenette Drive
- **Ave Maria Nursing Home**
801 19th St. NE
- **Most Public Schools**
- **Jameshouse**
715 3rd Ave SE
- **First United Methodist**
115 3rd St SE

One Supper Night For December!

December 9th, 2019

December 9 -

Stuffed Peppers

Mashed Potatoes

Corn

Pumpkin with Topping

4:30 - Bingo 5:00 - Supper Served

****During November, December, January, February & March
Bingo Winnings will be Increased!!**

Spend the Day with Us!!

Suggested Donation of \$4.00 per person for age 60 and older. The cost is \$7.29 for those under age 60.
Call 252-2882 by 1:00 pm the day of the meal to sign up for supper night.

James River Senior Center Gifts and Tributes to Loved Ones



Enclosed is my gift of \$ _____ to JRSC

In Memory of: _____
(Name of person memorialized or honored)
In Honor of: _____

Please earmark my gift for use: Wherever the need is greatest

For this program _____
Please send an acknowledgement to: _____

Name _____
Address _____
City _____ **State** _____ **Zip** _____

Donor information:

Name _____
Address _____
City _____ **State** _____ **Zip** _____

Mail to : James River Senior Center, P.O Box 1092, Jamestown ND 58401 or go to www.jamesriverseniors.com and pay using PayPal (Visa, MasterCard, Discover).



Upcoming EVENTS

DECEMBER

- 2 - 12:30 - Birthday Party
- 5 - 1:00 - "Be Scam Smart" Presentation
- 9 - 12:30 - Christmas Sing-a-Long with Elaine
- 16 - 12:30 - Gingerbread House Decorating - "Space Limited"
- 2:30 - Christmas Sing-a-Long with Elaine
- 17 - 12:00 - High School Choir
- 19 - 1:00 - Christmas Party - "Bernie & the Other Guy"
- 2:00 - Door Prize Drawing - Winner of Gingerbread House - Taco in a Bag - Goodie Bags
- 24th & 25th - CLOSED FOR CHRISTMAS

A HUGE "THANK YOU" TO CONTRIBUTORS!

To all of you who go to the trouble of contributing any amount to James River Senior Center and Public Transit we want to say a huge "Thank You!" Your thoughtfulness is what keeps us helping others and is so very much appreciated.

Sincerely,
All of Us at James River Senior
Center & Public Transit



CHRISTMAS TRIVIA

1. In the song "Frosty the Snowman," what made Frosty come to life?
2. What Christmas decoration was originally made from strands of silver?
3. Who played George Bailey in the Christmas classic "It's a Wonderful Life?"
4. Per a recent holiday fad, what "spy" hides around the house, reporting back to Santa on who has been naughty and nice?
5. What Christmas beverage is also known as "milk punch?"
6. One of Santa's reindeer shares a name with a famous symbol of Valentine's Day. Which reindeer is that?
7. What Christmas-themed ballet premiered in Saint Petersburg, Russia in 1892?
8. In 1981, Bob and Doug McKenzie released their own version of a classic Christmas song. Which song is that?
9. What animated 2004 film is about a train that carries kids to the North Pole on Christmas Eve?

1. Answers: 1. An old silk hat. 2. Tinsel
3. Jimmy Stewart 4. The Elf on the Shelf 5. Eggnog 6. Cupid 7. The Nutcracker 8. The Twelve Days of Christmas 9. The Polar Express



Change your perception about hearing, and get ready to change your Life!

Most people don't know what to expect from hearing aids. Misperception and second-hand experience with bulky, whistling, old fashioned analog devices continue to influence the way people think about all hearing aids.

Hearing aids have changed dramatically from a generation ago— from outward appearance to internal technology —making them vastly more appealing and effective.

Qual Hearing Aid Service

805 10th St. S.E. Mon.-Thurs 9:00—Noon
Jamestown ND 58401 & 1:00—4:00
701-252-0706 Fridays & Later by Appointment

DONATIONS

Anonymous

Leona Braun

Mary Englund

Jane Kulla

Women's Fellowship

Lorraine Zimney



We appreciate the many donations we received and thank each and every one of you for your support.

Your donations are greatly appreciated!



Social Media Scams

Social media platforms are a major source of fraud for digital criminals. Fraudsters use social media to connect and steal from consumers! According to the Federal Trade Commission, over 8,000 people have reported losing more than \$10,000 to scam artists in the first half of 2019. Some examples of scams involving social media:

Facebook

Friending an account from a fraudster allows the scammer to access your profile and make a cloned or duplicate account.

Scammers can also clone an account from someone you are already friends with and send you another friend request, again allowing them to access your personal information.

How to avoid being a victim: Do not accept friend requests from people you do not know personally. Don't accept second friend requests.

Instagram

Fraudsters can see who you follow on this photo and video platform and often use personalized direct messages based on your interests to draw you in to special bargains or charitable contributions based on your likes.

How to avoid being a victim: Keep your profile settings secure and don't respond to any unsolicited messages.

Google Hangouts

This platform is a place to chat with friends, share pictures and even make phone calls. The latest scam is an employment scam. You may have been talking to someone on social media about looking for a job and then receive an email offering you a job and your first paycheck in advance. The only stipulation is you must send a portion of it back for an "application fee."

How to avoid being a victim: You are never asked to send money to get a job. And no employer is every going to pay you before the job starts.

Remember to be alert for Medicare scams during the Open Enrollment Period October 15 to December 7.

ND SMP will help seniors prevent, detect and report Medicare fraud. Report suspected instances of Medicare Fraud to ND SMP.

For non-Medicare fraud issues, contact the ND Attorney General's Office at 1-800-472-2600.

The information provided is intended to be a general summary only. Source of information: AARP Bulletin/Real Possibilities. Social media scams. November 2019.

North Dakota Senior Medicare Patrol Phone: 800-233-1737 or (701) 858-3580

For more information or to locate your SMP, visit www.ndcpd.org/smp

This project was supported, in part, by grant number 90MPPG0021, from the Administration for Community Living, Department of Health and Human Services. Points of view or opinions do not necessarily represent official Administration for Community Living policy.

Like us on



James River Senior Center Home Delivered Meals

419 5th Street NE
"Legacy Place"

Delivering smiles one meal at a time.

VOLUNTEERS NEEDED

252-2882 ask for Missy



ADVERTISE WITH OUR MOVING BILLBOARDS!

Circulating in the busiest areas of the city, bus advertising offers exposure to local commuters, drivers and pedestrians. These 'moving billboards' are typically displayed on the bus exterior and come in a variety of sizes and high-impact formats to reach your audience. Available in monthly, biannual, & annual time periods.

- Available in various sizes and formats, from side panel displays to window displays to wraps
- Move throughout major and secondary arteries and the busiest streets in Jamestown
- Seen by pedestrians and vehicular traffic from multiple directions, simultaneously
- Variety of formats and embellishments make your ad stand out

Call 701-252-2882 ext
1011, 1002 or email
jrsc@csicable.net for
price listing.



Classic Catering



Classic Catering is available to cater any size event in-house or we can deliver to your location.

- ♦ Brunches, Lunches, Dinners
- ♦ Family reunions
- ♦ Birthday celebrations
- ♦ Weddings
- ♦ Holiday events
- ♦ Anniversaries
- ♦ Graduation parties
- ♦ Business meetings & training sessions

Legacy Place also has Rooms Available Your For Occasion; Big or Small. For meetings we can provide:

- ♦ LCD projector
- ♦ Microphone
- ♦ Large screen

Classic Catering and Party Event Planning contact: Rhonda

252-2882

